## **ALL PROGRAMMING**

## JULY 2024



SUN	MON	TUE	WED	THU	FRI	SAT
	1	NAMI Family Support Group 5:30pm - 6:30pm	3	4	OFJULY Grill Out & Games 6:00pm - 8:30 pm	San San Land Control
7	Beginners Chess Club 5:30pm - 7:30pm	9	Young Hearts Healing 5:30pm - 7:00pm	<b>11 Tai Chi Easy</b> 5:30pm - 6:30pm	Movie & Game Night	13 Walk Guided Nature Walk 10:30am - 12:00pm Arts & Crafts 12:30pm - 2:30pm
14	15	16	Young Hearts Healing 5:30pm - 7:00pm	<b>Tai Chi Easy</b> 5:30pm - 6:30pm	Movie & Game Night 6:00pm - 8:30pm	20 Arts & Crafts 12:30pm - 2:30pm
21	Beginners Chess Club 5:30pm - 7:30pm	NAMI Connection Support Group 5:30pm - 7:00pm	24 Book Club 5:30pm - 7:00pm Young Hearts Healing 5:30pm - 7:00pm	Tai Chi Easy	26 <b>Vo</b>	27 lunteer Appreciation Brunch 10:00am - 12:00pm Arts & Crafts 12:30pm - 2:30pm
28	29	30	31 LAST SESSION! Young Hearts Healing 5:30pm - 7:00pm		MHCINCY.ORG G AVE, CINCINNAT 13-347-MADI(623	

## **SOBER SUPPORT**

## JULY 2024



SUN	MON	TUE	WED	THU	FRI	SAT
NA -Sunday Morning IP's 9:30 am - 10:30 am Recovery Yoga 12:00pm - 2:00pm	2 AA - Beauty of the Forest	<b>AA - The 4th Dimension</b> 7:30 pm - 9:00 pm	4 NA - Wednesday Warriors	5	6	7
8 NA -Sunday Morning IP's 9:30 am - 10:30 am Recovery Yoga 12:00pm - 2:00pm	the Forest	<b>AA - The 4th Dimension</b> 7:30 pm - 9:00 pm		NA - Wisdom to now the difference		14
15 <sub>NA</sub> -Sunday Morning IP's 9:30 am - 10:30 am Recovery Yoga 12:00pm - 2:00pm	the Forest	<b>AA - The 4th Dimension</b> 7:30 pm - 9:00 pm	NA - Wednesday Warriors		l	21
22 NA -Sunday Morning IP's 9:30 am - 10:30 am Recovery Yoga 12:00pm - 2:00pm	the Forest	24  AA - The 4th  Dimension  7:30 pm - 9:00 pm	ı	NA - Wisdom to now the difference 7:00 pm - 9:00 pm	27	28
29 <sub>NA</sub> -Sunday Morning IP's 9:30 am - 10:30 am Recovery Yoga 12:00pm - 2:00pm	30	31		PARENT	BABYSITTING E FOR ALL AA & NA I S MUST BE IN THE B IMITED, SIGN UP NE	

To sign up, please download our Madi's House app! Available on apple and android.