

Date:

Name of Community:

Initial Priority:

Name of person(s) completing update:

Thriving Communities Success Markers						
People see that everyone has a role to play in health promotion	People are engaged in a shared vision for health promotion	Health promotion efforts are coordinated	People understand and are using evidence-based practices	Health promotion efforts focus on a variety of approaches	Health promotion efforts are data-informed	Health promotion efforts are sustained

What have been your **two greatest** successes (related to the **Success Markers** *please refer to questions on next page*):

What have been your **two greatest** challenges (related to the **Success** *please refer to questions on the next page*):

Please review your Action Plan and report on any activities, progress or barriers in the last quarter.

Have you had any public recognition?

What you could use assistance with:

Questions you have for Interact for Health staff and consultants about Thriving Communities and the Learning Collaborative:

*At the Learning Collaborative meeting you will have 6 minutes to share highlights from your written report (everyone will have copies of it) and 2 minutes for questions from the group.*

## Success Markers Questions

Thriving Communities is an initiative of Interact for Health. In assessing a community's\* progress, Interact for Health's staff will monitor and coach toward the seven success markers; listed below.

### People see that everyone has a role to play in health promotion

- *Are there people in this community who are interested in healthy eating, active living, mental and emotional well-being, and healthy choices about substance use?*
- *Are there people in the community who are looking for resources (time, money, and assistance) to help them promote healthy lifestyles?*
- *Have community members received information about Thriving Communities?*

### People are engaged in a shared vision for health promotion

- *Is there a collaboratively developed written vision for carrying out health promotion?*
- *Was the vision developed by a wide range of community members?*
- *Is an action plan in place to achieve the vision?*
- *Is it reviewed regularly to reinvigorate existing members and on-board new members?*
- *Is there shared ownership of changes to the action plan?*

### Health promotion efforts are coordinated

- *Is there an infrastructure to coordinate health promotion activities within the community?*
  - *Is it a formal infrastructure (i.e., a coalition, council or organization)?*
  - *Are health promotion efforts communicated to everyone who is interested?*
- *Do health promotion efforts involve both professionals and community members?*
- *Do different health promotion efforts use complimentary (or the same) frameworks or practices?*

### People understand and are using evidence-based practices (EBPs)

- *Are people adopting EBPs to meet the needs of their community?*
- *Are people implementing EBPs with intentionality?*

### Health promotion efforts include a variety of approaches

- *Do health promotion efforts in the community include one or more of:*
  - Universal approaches that are designed to reach everyone (because everyone has some level of risk)?*
  - Selective approaches that target the most vulnerable people (risk associated with biology or environment)?*
  - Indicated approaches at the first sign of risky decisions (risk based on behaviors prior to the onset of diagnosable symptoms)?*
- *Does the community have policies that support healthy lifestyles?*
  - *Are those policies being implemented?*

### Health promotion efforts are data-informed

- *Do community members use data to select health promotion priorities and activities?*
- *Is there a plan to measure results of the health promotion work?*
- *Is there an infrastructure to support ongoing measurement?*

### Health promotion efforts are sustained

- *Does the leadership group secure resources and relationships to carry out activities that require a budget?*
- *Are no-cost health promotion activities continued?*

\* A "community" may encompass a county, city, neighborhood, or a community of choice such as segments of the Hispanic Community. The boundaries of "community" are defined by the people in that community with guidance from Interact for Health staff.